



# Therapeutic Services

## Healing is the start of a healthy future.

The Cleveland Rape Crisis Center (CRCC) offers therapeutic services to survivors of sexual violence and the people who support them. Whether you have recently experienced sexual violence, are an adult survivor of childhood sexual abuse, or a parent of a survivor, the CRCC has therapeutic options that can help.

### ***Services include:***

- One-on-one short term therapy to address issues arising from the experience of sexual violence
- Crisis therapy for anyone who has been assaulted within the last 30 days
- Specialized therapy for survivors who also struggle with addiction
- Expressive therapies, such as art and journaling, that promote safe exploration of responses to sexual assault and enhance coping
- Group therapy for women, men and teen survivors of sexual violence, and for guardians of survivors
- Outreach groups for individuals in chemical dependency treatment facilities



It is estimated that one out of three women and one out of six men are survivors of sexual violence. The CRCC helps survivors recover and grow strong. Our vision is the elimination of sexual violence. But, as long as this crime persists, we will continue to serve survivors and equip the community with vital tools to help address rape and sexual assault.

### ***You can help end sexual violence...***

**If you or someone you love has been sexually assaulted**, begin your recovery by choosing the therapy that is right for you. Call 216-619-6194 for more information or 216-619-6194 X 141 if you would like to schedule an appointment.

*The Cleveland Rape Crisis Center is dedicated to serving survivors of sexual violence and those who support them with free comprehensive healing and advocacy services, and to creating social change in the community through education, training, and activism.*



#### **Cleveland Rape Crisis Center**

*Supporting Survivors. Promoting Prevention. Creating Change.*

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